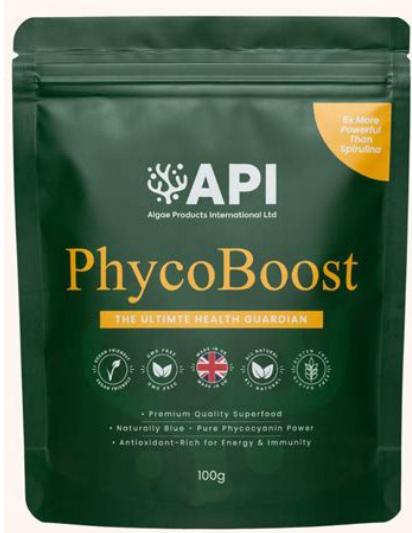


From Shore to Store: Making Seaweed More Consumer-Friendly

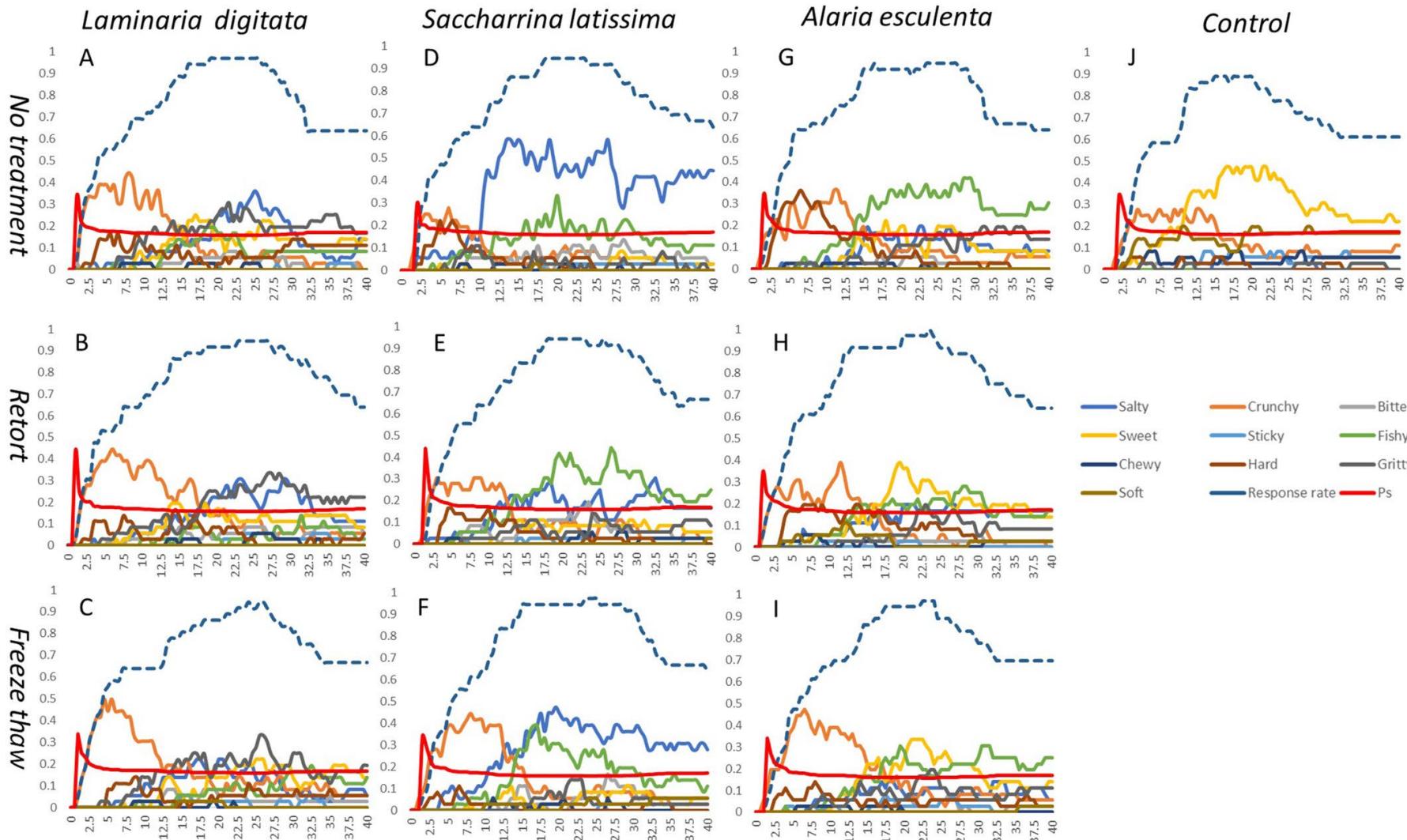
#BeAbertay

Bridging sensory science and product innovation in seaweed foods.

We know seaweeds are nutritious and sustainable – but consumers won't eat what they don't enjoy.



Aroma and Taste



Temporal dominance of sensations (TDS) is presented for each species of seaweed (*Laminaria digitata* (A-C), *Saccharina latissima* (D-F), and *Alaria esculenta* (G-I)) under the no treatment condition (A, D, G), retort (B, E, H), and freeze-thaw (C, F, I), as well as the control (J), which contained no seaweed.

DMS (Dimethyl Sulphide) — Current PhD Research

Methionine

↓ (MTA)

4-methylthio-2-oxobutyrate (MTOB)

↓ (MTOB-reductase)

4-methylthio-2-hydroxybutyrate (MTHB)

↓ (S-methyltransferase)

4-dimethylsulfonyl-2-hydroxybutyrate (DMSHB)

↓ (2-hydroxyacid oxidase)

Dimethylsulfoniopropionate (DMSP)

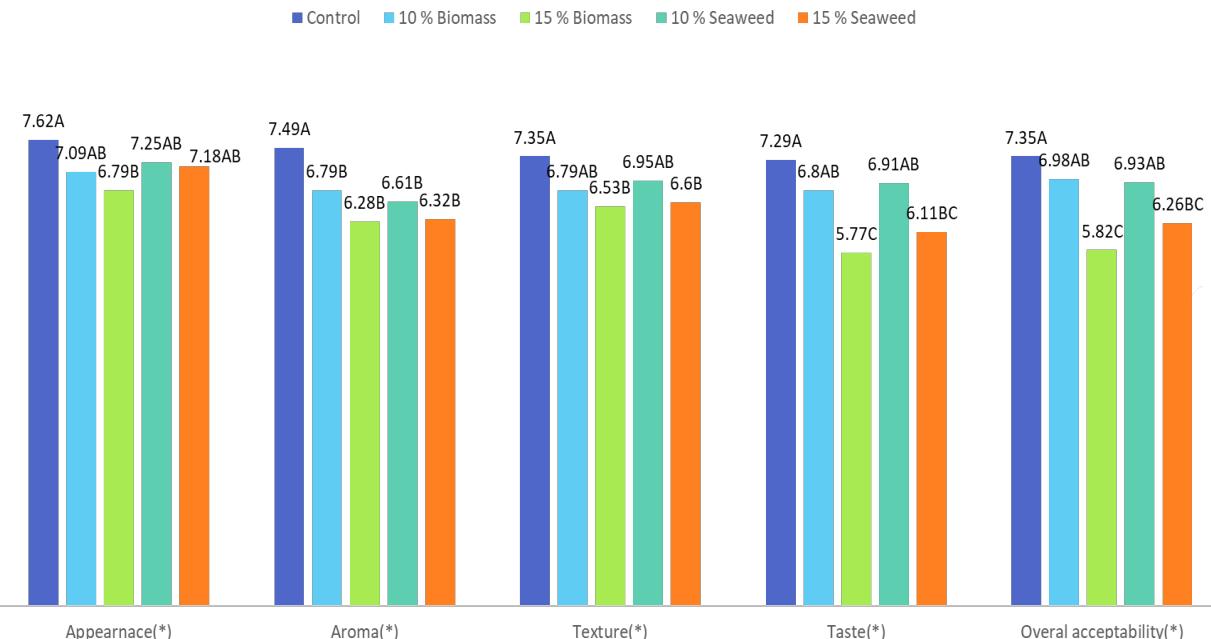
↓ (DMSP-lyase)

Dimethyl sulphide (DMS) + acrylate

Relevance to Aroma Control

- High methionine turnover and active S-methyltransferase → higher DMSP → more DMS (stronger “sea” aroma).
- Heat or blanching inactivates DMSP-lyase → less DMS generation during food processing.
- Understanding this chain allows us to explore biochemical or processing interventions to manage flavour at its source.

Protein balls – new work in progress



Inclusion threshold increased to 10 % seaweed (vs. 6 % previously) without sensory penalty



Understanding which attribute determines consumerism in food products will unlock the way we format foods.



Future plans

- Characterise post-harvest DMSP → DMS dynamics in brown seaweeds, and determine how processing conditions (e.g., blanching, heating, fermentation, freeze–thaw) influence volatile sulphur compound formation.
- Identify formulation strategies to manage sensory impact, including the role of ingredient interactions, matrix effects, and flavour-masking compounds during product development.

